## Unrestricted Schedule 8 Medicine Prescriptions PPHC Remote Information

Medical practitioners need to be familiar with the relevant provisions in the Northern Territory Medicines, Poisons and Therapeutic Goods Act (MPTGA) and Regulations and the Code of Practice – Schedule 8 Substances: Volume 1 - Issuing Prescriptions Supplying Schedule 8 Substances when providing clinical services related to Schedule 8 (S8) Medicines. Further information on specific aspects of prescribing S8 Medicines can be found on the Poisons Control – Medical Practitioners website. This site includes relevant forms and some information for clients.

The following table provides a summary of the legislative requirements for the supply of the **Unrestricted Schedule 8 Medicines** used in remote health centres, such as:

- Alprazolam
- Buprenorphine patches and tablets for pain treatment
- Codeine (single active)
- Fentanvl
- Flunitrazepam
- Hydromorphone

- Ketamine
- Methadone tablets
- Morphine
- Oxvcodone
- Pethidine
- Tapentadol

Content of Prescriptions	Requirements	Electronic Health Records (EHR) <sup>1</sup>
Medical Practitioner Details:	<ul> <li>Name</li> <li>Professional Qualifications</li> <li>Address and phone number of work location</li> <li>Signature (or authorised electronic representation)</li> </ul>	<b>Note:</b> The Medical Practitioner will need to sign the rural prescription and when applicable the PBS prescription, generated by the EHR.
Client Details:	- Name - Address - Date of Birth	
Medicine Details:	<ul><li>Name of medicine</li><li>Dose, form and strength of medicine</li><li>Directions for administering the medicine</li></ul>	
Supply Details:	<ul> <li>Quantity in words and numbers, eg Sixty (60) tablets (Note: not more than one month's supply can be requested at any one time)</li> <li>Start date for supply if different from the date of prescribing</li> <li>When Medicine is to be Re-Supplied from the original Prescription (Repeat Prescription):</li> </ul>	<b>Note:</b> The Medical Practitioner will need to manually (either typed or handwritten) enter all supply details onto the rural prescription and when applicable the PBS prescription, generated by the EHR.
	<ul><li>Quantity of re-supply</li><li>Time to elapse before re-supply (minimum repeat interval)</li></ul>	
Prescription Requirements:	<ul> <li>Date of prescription</li> <li>Must be written in ink or produced on a printer</li> <li>Prescriptions are valid for a maximum of SIX months</li> <li>Prescriptions for other medicines must not be written on the same prescription</li> </ul>	

Reference: Requirements of Prescriptions for S8 Substances. Also see Atlas items: Prescriptions and Schedule 8 and Restricted Schedule 4 Medicines PHC Remote Guideline. Note: the Information Sheet – Restricted Schedule 8 Medicine Prescriptions provides information on prescriptions for RS8 medicines: Dexamphetamine, Methylphenidate and Lisdexamfetamine.

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<sup>&</sup>lt;sup>1</sup> Note: unless otherwise stated, this information will be automatically populated in EHR generated Rural Prescriptions and PBS Prescriptions.

