

Restricted Schedule 8 Psychostimulants Medicine Prescriptions PPHC Remote Information

Medical practitioners need to be familiar with the relevant provisions in the Northern Territory [Medicines, Poisons and Therapeutic Goods Act](#) (MPTGA) and Regulations and the Code of Practice – Schedule 8 Substances: [Volume 1 - Issuing Prescriptions Supplying Schedule 8 Substances](#) when providing clinical services related to Schedule 8 Medicines. Further information on specific aspects of prescribing S8 Medicines can be found on the [Poisons Control – Medical Practitioners](#) website, which includes relevant forms and information for clients.

Under the NT MPTGA supply of **Restricted Schedule 8 Medicines** requires that:

- the Chief Health Officer authorises supply for each individual client. The [Restricted S8 Psychostimulant Medication Form](#) must be submitted and approved before prescribing the medicine.
- only paediatricians, psychiatrists, physicians, neurologists, and registrars in training may make the decision to initiate supply
- other Medical Practitioners may continue supply after it is initiated, as above
- the client must be reviewed at least once every two (2) years by a specialist or registrar under co-management arrangements

The following table provides a summary of additional legislative requirements for the supply of the **Restricted Schedule 8 Medicines** Dexamphetamine, Methylphenidate and Lisdexamfetamine.

Content of Prescriptions	Requirements	Electronic Health Records (EHR) ¹
Medical Practitioner Details:	<ul style="list-style-type: none"> Name Professional Qualifications Address and phone number of work location Signature (or authorised electronic representation) 	Note: The Medical Practitioner will need to sign the rural prescription and when applicable the PBS prescription, generated by the EHR.
Client Details:	<ul style="list-style-type: none"> Name Address Date of Birth 	
Medicine Details:	<ul style="list-style-type: none"> Name of medicine Dose, form and strength of medicine Directions for administering the medicine 	
Supply Details:	<ul style="list-style-type: none"> Quantity in words and numbers, eg Sixty (60) tablets (Note: not more than one month's supply can be requested at any one time) Start date for supply if different from the date of prescribing <p>When Medicine is to be Re-Supplied from the original Prescription (Repeat Prescription):</p> <ul style="list-style-type: none"> Quantity of re-supply Time to elapse before re-supply (minimum repeat interval) 	Note: The Medical Practitioner will need to manually (either typed or handwritten) enter all supply details onto the rural prescription and when applicable the PBS prescription, generated by the EHR.
Prescription Requirements:	<ul style="list-style-type: none"> Date of prescription Must be written in ink or produced on a printer Prescriptions are valid for a maximum of SIX months Prescriptions for other medicines must not be written on the same prescription 	

Reference: [Requirements of Prescriptions for S8 Substances](#). Also see [Prescriptions](#) and [Schedule 8 and Restricted Schedule 4 Medicines PHC Remote Guideline](#). **Note:** the Information Sheet – [Unrestricted Schedule 8 Medicine Prescriptions](#) provides information on prescriptions for Unrestricted S8 Medicines as listed on the Information Sheet.

PGC/SharePoint ID: HEALTHINTRA-1627664142-55628		Content Manager ID: EDOC2021/394156	
Version Number: Version: 5.0		Approved Date: 12/11/2021	
		Review Date: 12/11/2026	

¹ Note: unless otherwise stated, this information will be automatically populated in EHR generated Rural Prescriptions and PBS Prescriptions.