Healthy Smiles Training
Oral Health & Flouride Varnish Training
For Health Professionals

Department of Health
Registered Training Organisation
National Provider Number 0385

Healthy Smiles

Course completion meets the performance and knowledge evidence required for the nationally accredited HLTOHC006 apply fluoride varnish. This stand alone unit forms part of the HLT Health Training Package.

Training delivers the essential skills and knowledge required by non-oral health professionals to effectively complete the oral health components as part of any early childhood health care program, in particular the Healthy Under 5 Kids Program – Partnering Families.

Target Audience
- Registered Nurses, Aboriginal and Torres Strait Islander Health Practitioners
- Outreach, Child and Family Health Nurses.

Training is funded by the Northern Territory Remote Aboriginal Investment (NTRAI).

Contents
- Oral health and oral diseases including Early Childhood Caries (ECC)
- Links to chronic health conditions
- Lift the Lip oral health checks
- Risk and referral guidelines
- Anticipatory guidance and oral health promotion
- Fluoride and application of fluoride varnish.

Training

Option 1: Online
- Self-paced theory modules and workbook assessment.
- Face to face practical training and assessment session.

Options:
- Delivery by visiting oral health staff to remote clinics/workplace.
- Attending 1.5 day face-to-face training workshop (minimum of four) Training sessions may also be scheduled to meet the needs of staff in a particular region or health unit or organisation.
- Attending the practical training sessions of a three day workshop (1.5 days).
Option 2: Three day face-to-face workshop

- All theory, practical training and assessments
  Training dates and venues will be forwarded to all Primary Health Care (PHC) managers and will be included in the 2018 Department of Health (DoH) Training Calendar. Three day workshops may also be arranged to meet the needs of staff in a specific region or health unit/ (minimum of four participants required).

Language, literacy and numeracy requirements

An appropriate level of language, literacy and numeracy is required to complete this Certificate IV unit. It is recognised that health professionals accessing this training will have previously acquired a professional qualification at a minimum of this level for professional registration. Course applicants may identify and request specific support needs as part of the application process.

Recognition of prior leaning (RPL)

RPL is offered to applicants, to find out more information please contact the Oral Health Training Coordinator (details can be found below).

Resource pack

A resource pack will be sent to participants on receipt of their DoH Registered Training Organisation (RTO) registration form, contents include:

- The Healthy Smiles Oral Health and Fluoride Varnish Information for Health Professionals manual. This is the key resource and reference for this training program.
- Early Childhood Oral Health flipchart.

Assessment methods and outcomes:

- Written/online workbook and practical demonstration assessments.
- Completion of HLTOHC006 will allow participants to:
  - Return to their workplace and applying fluoride varnish to the teeth of children aged between 18 months and four years of age, meeting NT jurisdictional, legislative and regulatory requirements.
  - Provide informed and targeted oral health guidance to parents/carers.
  - Document, recall and refer appropriately in a child’s health care plan.

For more information please contact the Oral Health Training Coordinator:
Phone: 8922 6416
Email: oralhealthpromotion.ths@nt.gov.au