Darwin	cdcsurveillance.darwin@nt.gov.au	(08) 8922 8044
Alice Springs	cdc.alicesprings@nt.gov.au	(08) 8951 7549
Katherine	cdc.katherine.doh@nt.gov.au	(08) 8973 9049
Nhulunbuy	cdcgove.doh@nt.gov.au	(08) 8987 0357
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NT Health



Time Out

Minimum periods of exclusion from schools, preschools and childcare centres for children or staff who have been exposed to an infectious disease

Conditions	Case (person with the infection)	Contact (person in contact with the case)
Chickenpox (varicella)	**EXCLUDE** until all blisters have dried. This is usually at least 5 days from the onset of the rash in unvaccinated children, and less in vaccinated children.	**EXCLUDE** non-immune pregnant women and immunocompromised* contacts, due to the possibility of further cases. Advise that they seek urgent medical attention. Contact the local Public Health Unit for specialist advice.
Cold sores (herpes simplex)	**NOT EXCLUDED** if the person can maintain hygiene practices to minimise the risk of transmission. Sores should be covered with a dressing, where possible. **EXCLUDE** young children unable to comply with good hygiene practices while sores are weeping.	**NOT EXCLUDED**
Conjunctivitis	**EXCLUDE** until discharge from the eyes has stopped, unless a doctor has diagnosed non-infectious conjunctivitis.	**NOT EXCLUDED**
Diarrhoea and/or vomiting (i.e "gastro") which may be due to the following: • Campylobacteriosis • Cryptosporidiosis • Giardiasis • Norovirus • Rotavirus infection • Salmonellosis • Shigellosis • Viral gastroenteritis (diarrhoea & vomiting)	**EXCLUDE** people with diarrhoea (3 or more loose stools in a 24 hour period) or vomiting until 24 hours after their last loose bowel motion or vomit, except this exclusion time is extended in the instances below; **EXCLUDE** any person with confirmed **norovirus** infection until 48 hours after symptoms stop. **EXCLUDE** any person with diarrhoea or vomiting who prepares or serves food, until 48 hours after symptoms stop. People with confirmed **cryptosporidiosis** infection should not swim, paddle or participate in water play for at least 2 weeks after their last loose stool. **Note:** If there are 2 or more cases of diarrhoea or vomiting in your facility OR if a food handler is sick, please contact your local Public Health Unit.	**NOT EXCLUDED**
Diphtheria	**EXCLUDE** until a medical certificate of recovery from the Public Health Unit is received, following at least two negative throat swabs, the first at least 24 hours after finishing a course of antibiotics, and the second at least 48 hours after the first swab.	**NOT EXCLUDED**
Cytomegalovirus (CMV) infection	**NOT EXCLUDED** Pregnant women should consult with their doctor.	**NOT EXCLUDED** Pregnant women should consult with their doctor.
Fungal infections of the skin or nails (e.g. ringworm, tinea)	**EXCLUDE** until 24 hours after starting appropriate antifungal treatment.	**NOT EXCLUDED**
Glandular fever (mononucleosis, Epstein–Barr virus [EBV] infection)	**NOT EXCLUDED**	**NOT EXCLUDED**
Hand, foot and mouth disease (EV71)	**EXCLUDE** until all blisters have dried.	**NOT EXCLUDED**
Haemophilus influenzae type b (Hib)	**EXCLUDE** until the person has received appropriate antibiotic treatment for at least 4 days.	**NOT EXCLUDED** Contact the local Public Health Unit for specialist advice.
Head lice (pediculosis)	**EXCLUDE until appropriate treatment has commenced. The child does not need to be sent home immediately if head lice are detected**	**NOT EXCLUDED**
Hepatitis A	**EXCLUDE** until a medical certificate of recovery is received and until at least 7 days after the onset of jaundice or illness.	**NOT EXCLUDED** Contact the local Public Health Unit for specialist advice about vaccinating or treating children and staff. Exclusion may be warranted if no history of vaccination or not willing to receive vaccine.
Hepatitis B	**NOT EXCLUDED**	**NOT EXCLUDED**

Conditions	Case (person with the infection)	Contact (person in contact with the case)
Hepatitis C	NOT EXCLUDED	NOT EXCLUDED
Hepatitis E	EXCLUDE until at least 2 weeks after the onset of jaundice.	NOT EXCLUDED
HIV/AIDS (human immunodeficiency virus / acquired immunodeficiency syndrome)	NOT EXCLUDED	NOT EXCLUDED
Influenza-like illnesses: • COVID-19 • Influenza (flu) • Pneumococcal disease • Respiratory syncytial virus (RSV)	EXCLUDE until symptoms have resolved.	NOT EXCLUDED
Listeriosis	NOT EXCLUDED	NOT EXCLUDED
Measles	EXCLUDE until at least 4 days after the onset of the rash.	NOT EXCLUDED: vaccinated or immune contacts. EXCLUDE: contacts who are non-immune or immunocompromised* until 14 days after the appearance of the rash in the last case. Contact the local Public Health Unit for specialist advice.
Meningitis (viral)	EXCLUDE until symptoms have resolved.	NOT EXCLUDED
Meningococcal infection	EXCLUDE until appropriate antibiotic treatment has been completed.	NOT EXCLUDED Contact the local Public Health Unit for specialist advice about antibiotics and/or vaccination for close contacts.
Molluscum contagiosum	NOT EXCLUDED	NOT EXCLUDED
Mumps	EXCLUDE for 5 days or until swelling goes down (whichever is sooner). Pregnant women should consult with their doctor.	NOT EXCLUDED Pregnant women should consult with their doctor.
Roseola (Sixth disease)	NOT EXCLUDED	NOT EXCLUDED
Ross River virus	NOT EXCLUDED	NOT EXCLUDED
Rubella (German measles)	EXCLUDE until the person has fully recovered or for at least 4 days after the onset of the rash.	NOT EXCLUDED Pregnant women should consult with their doctor.
Scabies	EXCLUDE until 24 hours after starting effective treatment.	NOT EXCLUDED
School sores (Impetigo)	EXCLUDE until 24 hours of appropriate antibiotic treatment has been completed. Any sores on exposed skin should be covered with a watertight dressing until sores are dry	NOT EXCLUDED
Shingles (Herpes Zoster)	EXCLUDE if blisters are unable to be covered with waterproof dressing until blisters have dried and crusted.	Contact the local Public Health Unit for specialist advice, including advice for pregnant women and immunocompromised* contacts.
Slapped cheek syndrome, fifth disease (human parvovirus B19, erythema infectiosum)	NOT EXCLUDED Pregnant women should consult with their doctor.	NOT EXCLUDED Pregnant women should consult with their doctor.
Streptococcal sore throat (including scarlet fever)	EXCLUDE until 24 hours of appropriate antibiotic treatment has been completed.	NOT EXCLUDED
Toxoplasmosis	NOT EXCLUDED	NOT EXCLUDED
Thrush (Candidiasis)	NOT EXCLUDED	NOT EXCLUDED
Tuberculosis (TB)	EXCLUDE until a medical certificate is received from the local Public Health Unit.	NOT EXCLUDED Contact the local Public Health Unit for specialist advice.
Typhoid and paratyphoid fever	EXCLUDE those in child care or preschool until two samples have tested negative. Contact the local Public Health Unit for specialist advice. EXCLUDE others (primary school aged children to adults) until 48 hours after symptoms have resolved.	EXCLUDE until two of the person's stool samples have tested negative, at least 24 hours apart
Whooping cough (Pertussis)	EXCLUDE until 5 days after starting appropriate antibiotic treatment, or for 21 days from the onset of cough.	EXCLUDE Contact the local Public Health Unit for specialist advice.
Worms	EXCLUDE until there has not been a loose bowel motion for 24 hours and treatment has occurred.	NOT EXCLUDED

Telephone the Public Health Unit in your region so that immediate preventative public health measures can be undertaken. If you notice two or more cases of any of the above listed conditions in children or staff at your facility, please telephone the Public Health Unit for advice and educational materials.

* **People can be immunocompromised either due to a medical condition or from receiving immunosuppressive medication/treatment. Examples include leukaemia and chemotherapy.**

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